



SECOND ACT THRIFT STORE

VOLUNTEERS NEEDED

Our volunteers at the Second ACT Thrift store have fun! Whether they are sorting merchandise, helping a customer, or arranging the jewelry counterthey can be sure they are not only helping ACT raise money, but that the donations we receive at Second ACT can be an important component for many of our clients to find the things they need to re-start their lives. Second ACT is located at 11495 South Cleveland Avenue. Hours are 9:00 a.m. until 5:30 p.m. Monday—Saturday

ARTS FOR ACT GALLERY

Do you like ART?

Then you may enjoy volunteering at the Arts for ACT Gallery.

Evening Art Receptions monthly with featured Artists.

Gallery Hours:

11:00 am—4:30 pm

Help us raise funds at the Gallery for ACT Services.

CALL 939-2553 FOR MORE INFORMATION



ACT'S CRISIS HOTLINE (939-3112)

The crisis hotline number is available 24 hours a day, 7 days a week. If you are the victim of Domestic and/or a survivor of Sexual Violence, ACT Counselors are here for you to:

- **Validate feelings**
- **Sort through your confusion about the experience. *Remember, abuse is never your fault.***
- **Educate you on your legal rights**
- **Give you options with a wide variety of resources, including safe shelter in a confidential location.**
- **Or even just *Listen!***
- ***The effects of verbal and emotional abuse last a lifetime. These behaviors impact not only the victims, but their children. We can help.***
- **CONFIDENTIAL one-on-one and group counseling are available to victims of domestic violence and their children and survivors of sexual assault and their families free of charge.**

ABUSE COUNSELING & TREATMENT, Inc.
 Administration Office: 939-2553
www.actabuse.com
 P.O. B ox 60401



Abuse Counseling And Treatment, Inc.

The Continued Growth Of Our Organization Exists Because Of Our VOLUNTEERS



Mission Statement

To eliminate domestic and sexual violence through the provision of safe shelter, counseling, crisis intervention, education, advocacy, and empowerment, instilled and sustained by the commitment of it's board, staff, volunteers and the community we serve.

It's All Around Us

- A woman is beaten in this county every 9 seconds
- A woman is killed in Florida every 36 hours
- 1 in every 3 woman and 1 in every 5 men will be raped in their lifetime

ACT

- Our crisis hotline (939-3112) receives 10,000 calls a year
- ACT provides services for over 5,000 individuals a year
- Rape Exams
- Confidential counseling
- Over 700 educational presentations

Volunteers Help!

**Thank you for growing
with us!**

Your Donated Time Equals.

2 ½ hours= 1 hour of counseling:
Imagine the weight that gets lifted off someone's shoulders when they talk to someone who not only believes them...but also lets them know that abuse is a crime....and it's not their fault. Imagine the relief to find out there are options.

6 hours= 1 night of shelter:
Imagine feeling in fear for your life, and the lives of your children....and having a safe place to sleep in peace, feel safe and get help to start a new chapter of your live without abuse.

10 hrs.= 1 day of food in shelter.
Imagine having to leave your home with no money, clothes, toys for the kids. Now imagine having food supplied for you & your children.

25 hours= 1 rape exam.
Imagine surviving rape and having a safe, private place to go for your exam. Imagine an advocate who supports you through the whole process and helps you with your fears, questions, and recovery.

Volunteer Opportunities

ACT is a non-for-profit agency committed to making a difference in these shocking statistics. Some of the ways that we are doing this is through Community Education and Volunteer Recruitment. *You can help us* break the cycle of domestic violence and sexual assault by volunteering your time and/or by arranging for a speaker to visit your club, school, church, or organization.

Volunteer Opportunities

- Fundraising
- Children's program
- Clerical Assistance
- Arts For ACT Gallery
- Working With Clients
- Second ACT Thrift Store
- Public Education Advocate
- Newsletter Production Staff
- 24-hr on-call support at local
- Advocate through Court System
- On Call 24-Hour Support at Hospital ER's & Rape Crisis Center
- 24-hour Crisis Hotline Advocate

**Please call 939-2553
for more volunteer**

